

## Part-time Horticultural Therapist

Part Time: 8hours a week

Pay: £15 per hour

Based at: Grow Tottenham, Ashley Rd N17 9LZ

We are recruiting a horticultural therapist to work 1 day a week at Grow Tottenham, initially on a 4 month contract, but with a view to expanding this into a permanent role, subject to funding.

### **About Grow Tottenham**

Grow Tottenham is a community garden on Ashley Road in Tottenham Hale.

We want to be able to offer better support to people experiencing social isolation, loneliness and depression, and have secured funding to employ a part time horticultural therapist to help us develop a social prescribing program.

Social prescribing recognises that many people in distress visit their GP for help with problems that are more social/emotional than medical in nature, and involves helping patients to improve their health and wellbeing by connecting them to community services.

### **About the Job**

You would work 1 day a week at Grow Tottenham and be responsible for setting up a social prescribing project in partnership with local GP surgeries. You would deliver a weekly horticultural therapy session aimed at tackling social isolation and loneliness and improving participants physical and mental health. You would be responsible for developing the content of the sessions, liaising with our local GP surgery to take referrals as part of a social prescribing initiative, tailoring support to individual needs, and monitoring outcomes.

### **Essential Experience/Skills**

a strong interest in and aptitude for horticulture

knowledge of and interest in horticultural therapy

experience of working with volunteers

patience, understanding , tolerance and the ability to work with a wide range of people

the ability to work independently

analytical skills and the ability to make accurate assessments

DBS certificate

Fit enough to work in a moderately physically demanding job

### **Desirable Experience/Skills**

a recognised horticultural qualification

an accredited mental health qualification

First Aid training

Application Deadline: 26<sup>th</sup> April

Interview Date: tbc

Start Date: wc 10th May

Please apply by email to [paul@growlondon.org.uk](mailto:paul@growlondon.org.uk) with details of your experience and why you would like to do this job

Grow London C.I.C.

Registered Social Enterprise No. 07 848 045

[www.growlondon.org.uk](http://www.growlondon.org.uk)